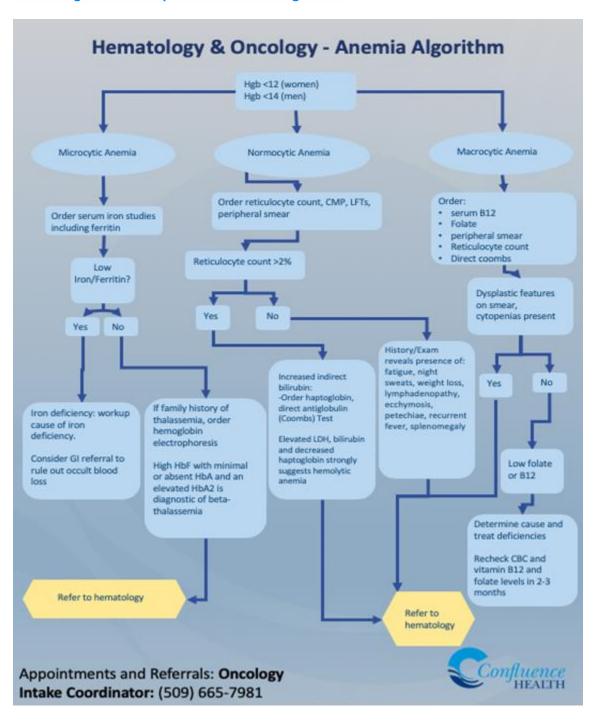
# **Confluence Referral Guidelines: Hematology**

## **Recommendations prior to referral**

Anemia algorithm with specifics under headings below



## 1. Microcytic Anemia:

- a. CBC
- b. Ferritin
- c. Iron studies (TIBC, serum iron, iron saturation)
- d. Rule out occult GI blood loss
- e. Consider GI evaluation for any male with iron deficiency, any non-menstruating female with iron deficiency

#### 2. Macrocytic Anemia:

- a. CBC
- b. Serum B12
- c. Serum Folic Acid
- d. Reticulocyte count
- e. TSH
- f. LDH
- g. SPEP

#### 3. Normocytic Anemia:

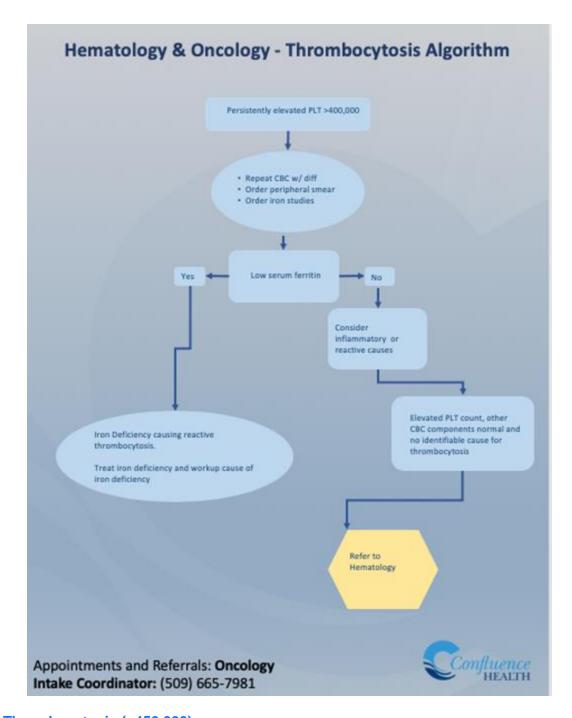
a. Consider similar labs as Microcytic and Macrocytic Anemia)

## 4. Erythrocytosis (hgb >16.0 in women, >16.5 in men):

- a. CBC
- b. Oxygen saturation RA at rest, and with activity
- c. Erythropoeitin level
- d. Consider evaluation for hypoxia or sleep apnea as clinically indicated
- e. Peripheral blood for JAK-2 gene mutation if low EPO, and above normal

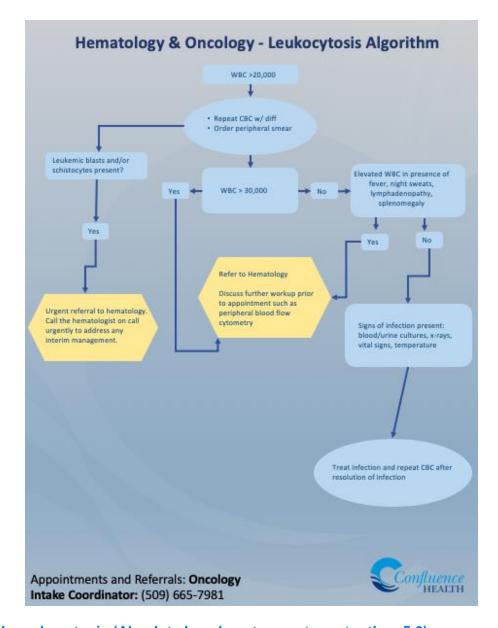
#### 5. Monoclonal gammopathy:

- a. CBC
- b. CMP
- c. SPEP (serum protein electrophoresis)
- d. IEP (immunoelectrophoresis)
- e. Quantitative IgG, IgA, IgM
- f. Serum free light chains



# 6. Thrombocytosis (>450,000):

- a. CBC
- b. Ferritin
- c. Iron studies
- d. Consider inflammatory causes/reactive causes, with CRP and ESR as indicated
- e. If above negative, peripheral blood for JAK-2 gene mutation



# 7. Lymphocytosis (Absolute lymphocyte count greater than 5.0):

- a. CBC
- b. Peripheral blood for flow cytometry
- c. Physical exam with attention to adenopathy, hepatosplenomegaly